Module 1 - Foundation

Module 2 - Self-awareness

Module 3 - Brand

Module 4 - Confidence

Module 5 - Influence

Module 6 - Lead

Module 7 - Lead 2

Module 8 - Forward

Post programme

3rd Sept 24
17th Sept 24
24th Sept 24
1st Oct 24
8th Oct 24
15th Oct 24
$22^{\text {nd }}$ Oct 24
29th Oct 24
29th Oct 24 also
5th Nov 24
12th Nov 24
19th Nov 24
26th Nov 24
3rd Dec 24
10th Dec 24
17th Dec 24

Onboarding call
Pre-work arrives
Group Workshop
Pre-work arrives
Workshop
Peer learning (360)
Break
Insights event (360)
Pre-work arrives (360)
Group workshop
Peer learning
Insights event
Coaching 1
Pre-work arrives
Group workshop
Peer learning session

## Christmas break

7th Jan 25
14th Jan 25
21st Jan 25
28th Jan 25
4th Feb 25
11th Feb 25
18th Feb 25
25th Feb 25
4th March 25
11th March 25
18th March 25
25th March 25
1st April 25

Insights event
Pre-work arrives
Group workshop
Coaching 2
Peer learning session
Insights event
Break
Pre-work arrives
Group workshop
Peer learning session
Insights event
Pre-work arrives
Group workshop
allow one hour allow two hours 0900-1300
allow two hours
0900-1300
0930-1200
1330-1500
allow two hours
0900-1300
0930-1200
1330-1500
allow two hours
allow two hours
0900-1300
0930-1200

1330-1500
allow two hours 0900-1300
allow two hours
0930-1200
1330-1500
allow two hours
0900-1300
0930-1200
1330-1500
allow two hours
0900-1300

0930-1200
allow two hours
allow two hours
0900-1300
allow two hours allow two hours

Notes: i. Peer learning sessions will be arranged amongst your group; however, we suggest the time shown in order to maintain the cadence of the programme
ii. The onboarding call, the three $1: 1$ coaching sessions and the continuation coaching will be at mutually agreeable times between you and your coach

