



## Autumn Programme: starting Sept 2024

Module 1 - Foundation	3rd Sept 24	Onboarding call	allow one hour
	17th Sept 24	Pre-work arrives	allow two hours
	24th Sept 24	Group Workshop	0900 - 1300
Module 2 - Self-awareness	1st Oct 24 8th Oct 24 15th Oct 24 22 <sup>nd</sup> Oct 24 29th Oct 24	Pre-work arrives Workshop Peer learning (360) Break Insights event (360)	allow two hours 0900 - 1300 0930 – 1200 1330 - 1500
Module 3 - Brand	29th Oct 24 also	Pre-work arrives (360)	allow two hours
	5th Nov 24	Group workshop	0900 - 1300
	12th Nov 24	Peer learning	0930 - 1200
	19th Nov 24	Insights event	1330 – 1500
	26th Nov 24	Coaching 1	allow two hours
Module 4 - Confidence	3rd Dec 24	Pre-work arrives	allow two hours
	10th Dec 24	Group workshop	0900 - 1300
	17th Dec 24	Peer learning session	0930 – 1200
Christmas break			
	7th Jan 25	Insights event	1330 - 1500
Module 5 - Influence	14th Jan 25 21st Jan 25 28th Jan 25 4th Feb 25 11th Feb 25 18th Feb 25	Pre-work arrives Group workshop Coaching 2 Peer learning session Insights event Break	allow two hours 0900 – 1300 allow two hours 0930 – 1200 1330 - 1500
Module 6 - Lead	25th Feb 25	Pre-work arrives	allow two hours
	4th March 25	Group workshop	0900 - 1300
	11th March 25	Peer learning session	0930 - 1200
	18th March 25	Insights event	1330 - 1500
Module 7 - Lead 2	25th March 25	Pre-work arrives	allow two hours
	1st April 25	Group workshop	0900 – 1300
Easter break			
	22nd April 25	Peer learning session	0930 – 1200
	29th April 25	Coaching 3	allow two hours
Module 8 - Forward	6th May 25	Pre-work arrives	allow two hours
	13th May 25	Group workshop	0900 - 1300
Post programme	July 25	Continuation coaching 1	allow two hours
	September 25	Continuation coaching 2	allow two hours

Notes: i. Peer learning sessions will be arranged amongst your group; however, we suggest the time shown in order to maintain the cadence of the programme

ii. The onboarding call, the three 1:1 coaching sessions and the continuation coaching will be at mutually agreeable times between you and your coach